



DISCOVER FOUR DIMENSIONS
OF A GARDEN CITY!



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Olsztyn is a city with 175 thousand people and covers a surface area of 88 sq. km. It is located in northeastern Poland, in the centre of the Olsztyńskie Lake District and has a moderate, warm, transitional climate.

It is a typical lake district climate, conditioned by the surrounding topography, large areas of forests and numerous lakes. Within the borders of the city there are more than a dozen bodies of water, including eight large lakes: Ukiel (Krzywe), Kortowskie, Długie, Skanda, Trackie, Redykajny, Sukiel and Tyrsko. Flowing through the city are also three rivers: Łyna, Wadąg and Kortówka. The forests of Olsztyn make up more than 20 percent of the city's surface area. The City Forest comprises over a half of it (1050 ha), which is one of Europe's largest forest complexes located within a city.

The coat of arms of Olsztyn is a shield pointed at the bottom, on which the figure of the apostle James the Elder is placed. This Saint, a patron of travellers, wanderers and pilgrims is also the patron saint of the city. The flag of Olsztyn is a 'rectangular sheet of material coloured blue, placed on which, in the upper part, on the side of the pole is a yellow shell, and in the lower part along the length of the sheet a white, wavy stripe'. Olsztyn cooperates with several twin towns and sister cities, i.a.: Chateauroux (France), Rovaniemi (Finland), Gelsenkirchen and Offenburg (Germany), Kaliningrad (Russia) and Lutsk (Ukraine).



Olsztyn is a cosy city which, especially in the summer season, thrums with culture. The thought-provoking Gothic climate of the castle and the cathedral, as well as the relaxing surroundings of the water and greenery encourage inhabitants to participate in numerous cultural events, which the programme of the Olsztyńskie Lato Artystyczne (Olsztyn Summer of the Arts) – one of Poland's largest summer festivals – does not lack. Perhaps the inspirational atmosphere of the borough by the river Łyna was felt too by the most prominent inhabitant of the city – Nicolaus Copernicus – who, in the castle of Olsztyn, began to write down his fundamental work *On the Revolutions of the Celestial Spheres*.





The most prominent figures associated with the city

Nicolaus Copernicus

Although the person of Nicolaus Copernicus is associated mainly with Toruń, history proves that the astronomer's strong ties to Olsztyn are a fact. In Olsztyn Copernicus had been the administrator of the property of the Warmia Chapter – in the years 1516-1519, and then 1520-1521. During the Polish-Teutonic war of 1519-1521 he directed the defence preparations of the castles of Warmia. At that time he also strengthened the fortifications of the olsztyńska stronghold, which was the cause of the Teutonic forces foregoing a siege. Dated 1520 is also the beginning of works on the manuscript of *On the Revolutions of the Celestial Spheres*. Historians have proved that it was at the castle in Olsztyn that the astronomer began calculations and the systematic recording of his work, as well as creating the famous drawn image of the heliocentric theory in the form of concentric circles depicting the orbits of the planets and the stationary Sun in their middle.

The castle in which the astronomer had resided is now the seat of the regional museum. Aside from exhibits related to Copernicus, which can be admired in a traditional exhibition, located in the cloister there is an astronomical table created by the master himself. Many events promoting the city through the prism of the figure of the great scholar, as well as Copernicus himself and his achievements, take place in Olsztyn – they include i.a. 'Summer Thursdays with Nicolaus Copernicus' at the castle. Also created was the Copernicus Trail, allowing a tour of the most significant places associated with the astronomer.

Erich Mendelsohn

An eminent modernist architect, Erich Mendelsohn was born in Olsztyn. He is considered to be a representative of expressionism and the creator of constructivism. He designed many department stores, and residential and factory buildings. He created primarily for the Jewish communities. While still a student, he designed a funeral home at the request of the Jews of Olsztyn (this building is located in the Jewish cemetery in Olsztyn).

The most well-known projects of the architect are: the Einstein Tower in Potsdam, the hat factory in Luckenwalde, the department store Rudolf Petersdorff in Wrocław (currently the department store 'Kameleon'), as well as the Jewish Youth House in Essen.

Feliks Nowowiejski

Feliks Nowowiejski was a composer, choirmaster and virtuoso organist born in Wartembork near Olsztyn (currently Barczewo). In the years 1898-1900 he worked as an organist in the St James' church. Author of i.a. the music to *The Oath* by Maria Konopnicka and the hymn *Oh, My Beloved Warmia* and the opera *The Legend of the Baltic Sea*. Since 2002 in Barczewo the annual Feliks Nowowiejski International Festival of Choral Music, and since 2005 the Festival *Oh, My Beloved Warmia* – also bearing his name – takes place. Bearing the composer's name is also the Warmia and Masuria Philharmonic in Olsztyn.





Prominent figures

associated with Olsztyn (today)

Born or residing in Olsztyn is a significant group of figures from newspaper headlines. Making the city famous in sports for years is Krzysztof Hołowczyc – one of the most titled Polish rally drivers, with the titles of the Polish champion, European champion, as well as successful starts in the world qualification rounds (WRC) and the legendary Dakar Rally. Also coming from Olsztyn is Piotr Bałtroczyk, a famous journalist, comedian and compère.

Leading her successful dance school in the stronghold by the river Łyna is Iwona Pavlovic – a multiple Polish dance champion, titled dancing coach and a juror in the Polish edition of Dancing with the Stars, where she has judged stars together with another dance champion coming from Olsztyn – Piotr Galiński. Having created and still creating in Olsztyn are writers, i.a. Maria Zientara-Malewska, Włodzimierz Kowalewski and Mariusz Sieniewicz. Famous figures of the Polish film industry are also associated with the city – i.a. the director Juliusz Machulski – and actors – Marek Kaliszuk, Izabela Trojanowska, Artur Steranko.

Coming from Olsztyn is the squad member of the Polish national football team – Adrian Mierzejewski, and Mamed Khalidov – an MMA champion – found his life haven here. A number of famous bands and performers also come from the capital city of Warmia and Masuria, including: Afromental, Vader, Big Day, Czerwony Tulipan, Norbi, Harlem and Enej.

The most prominent landmarks

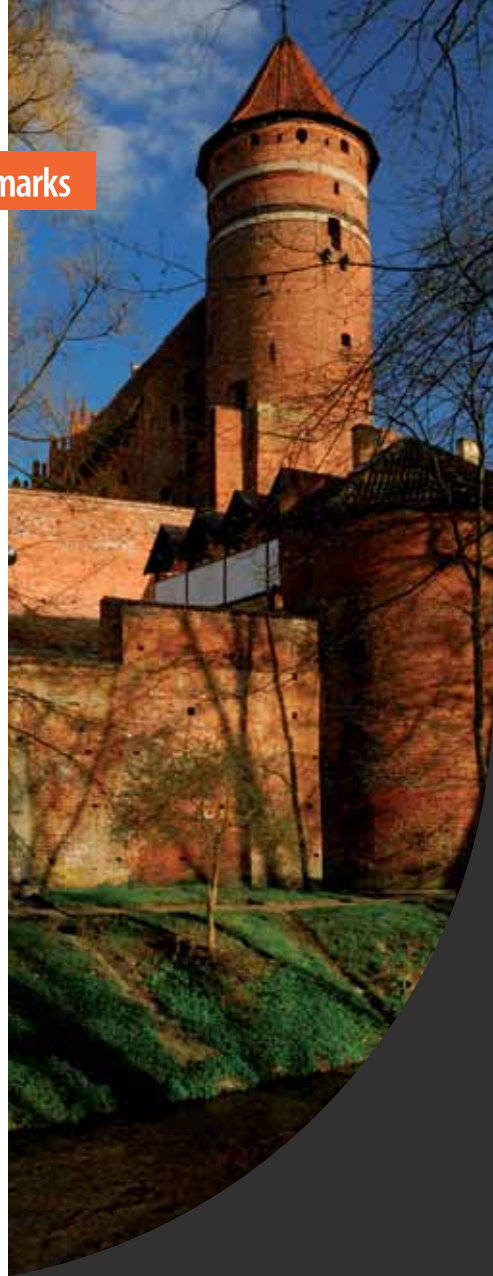
The castle of the Warmia Chapter (the Museum of Warmia and Masuria)

The oldest building in the city. It was built in the second half of the 14th century. The most prominent resident of the castle was Nicolaus Copernicus, who lived there in the years 1516-1519 and 1520-1521 as the administrator of the properties of the Warmia Chapter. It was here that he created the famous astronomical table. This unique exhibit, the only device in the world created by the hand that 'stopped the Sun', can still be admired at the castle. This would not have been possible had Copernicus failed to defend it against a Teutonic invasion. The Museum of Warmia and Masuria is currently housed at the castle.

Find out more: www.muzeum.olsztyn.pl

Old Town Hall

The building of the former Olsztyn Town Hall, with its preserved Gothic south wing, was the seat of the municipality until 1915. It had burned several times and had been almost completely destroyed – for the first time in 1620 in the great city fire. The last significant renovation of the building took place in the years 1996-2003. Restored during the works was the Gothic character of the elevation of the south wing and the turret crowning it. Currently, the Old Town Hall houses the Voivodeship Public Library, a valued exhibition place and a popular meeting place of the people of Olsztyn (the atrium).





The Upper Gate, known as the High Gate

The Upper Gate, known as the High Gate, is a fragment of the old defensive walls. It is the only gate remaining (out of three) guarding the old entrance to the city. It was built at the turn of the 14th and 15th century at the entry of the main road to the city from the north. In the years 1858-1898 the gate functioned as a prison. Currently it serves tourist aims as a hotel.

In 2003, on the 650th anniversary of the city, the gate was renovated and a year later an image of the Virgin Mary, Queen of Peace, presented to the city by Pope John Paul II – an Honorary Citizen of Olsztyn – was put in its blank window.

Cathedral basilica of St James the Elder

The church was built in the 14th century, but it gained its current form only at the beginning of the 17th century. Many elements of the basilica were rebuilt, the whole building, however, retained the Gothic style. Among the oldest elements are a late Gothic triptych from the early 16th century and a crucifixion triptych from 1553. In 2003 Pope John Paul II raised the church to the rank of a minor basilica. For over a dozen years now, on every Summer Sunday (July-August) Olsztyn Organ Concerts have taken place here.

Find out more: www.katedra.olsztyn.pl



Cultural institutions and their propositions

The Municipal Cultural Centre – MOK

The greatest organiser of cultural and artistic events in the city. From October to June the rooms, studios and galleries of MOK are hosts to numerous cultural events. Practically, Olsztyn residents and their guests may participate in vernissages, meetings with authors, debates, performances, concerts, projections, or lectures every other day. In the summer, MOK organises Olsztyn Summer of the Arts, which includes over 100 events.

Find out more: www.mok.olsztyn.pl

The Olsztyn Puppet Theatre – OTL

The theatre was established in 1953. During the sixty years of its activity, it staged over 200 premiere shows for children, young people and adults. The theatre has been present at theatrical reviews in the country and abroad. Its repertoire always includes such cultural events as the Students Theatrical Week and the Olsztyn Puppet Theatre Week ANIMA.

Find out more: www.teatrlalek.olsztyn.pl

Attached to the Municipal Cultural Centre (MOK) are artistic bands, among others the Collegium Musicum choir, the string orchestra Absolwent, the Kokon theatre group, the Moderato vocal band, and the Sąsiedzi artistic club, etc.

OTL also conducts educational activities. Spectades are followed by drama classes, discussions and meetings with authors and artists.



Full-dome is a modern digital projection system, which enables the spectator to 'leave the Earth' and go on a virtual space voyage to watch the surface of the Moon from close up, fly through Saturn's rings, or land on Titan.

The Olsztyn Planetarium and Astronomical Observatory

The Olsztyn Astronomical Planetarium was opened on 19 February 1973 – on the 500th anniversary of the birth of Nicolaus Copernicus. It is the second largest planetarium in Poland. Its principal form of activity is presenting astronomical programmes, watched every year by tens of thousands of spectators. Youth is offered educational projections. Since the Spring of 2012, the institution invites spectators to attend full-dome shows. Among the planetarium's modern educational tools is also the specialist astrobus, which enables organising astronomy classes in the field.

The Astronomical Observatory was opened in 1979 in an adjusted water tower built in 1897 on St Andrew's Hill on Żołnierska St. It organises astronomical shows. One of its attractions is observing sunspots through telescopes. Attached to the Astronomical Observatory are interests circles – five studios enable young people to learn about astronomical instruments, watch the stars and spot sunspots.

Find out more: www.planetarium.olsztyn.pl



The BWA Art Gallery in Olsztyn

The BWA Art Gallery in Olsztyn is a leading art gallery in Olsztyn and its region. It is located in the representative hall in the city centre, sharing it with the Olsztyn Planetarium and Astronomical Observatory and the Planeta 11 Multimedia Library. It has two exhibition rooms and a storehouse for art collections.

The main objective of the gallery is to present the Polish and foreign modern art in temporary exhibitions and conduct educational activity. The gallery enhances activity in various fields of arts, starting from classical artistic fields (painting, graphic arts, sculpture, or photography), through performance, installations, and ending with the newest activity within the area of new media. Since 1975 the gallery has organised the Polish Woodcut and Linocut Quadriennial, a major already-renowned and prestigious all-Poland graphic competition. The graphic collection in particular is well worth BWA visitors' attention.

Find out more: www.bwa.olsztyn.pl

The Municipal Cultural Centre (MOK) galleries:

Spichlerz Sztuk

Rynek Gallery

Sąsiedzi Gallery

Amfilada Gallery

HaloGallery

Other galleries:

The One Painting Gallery

Stary Ratusz Gallery

Na Piętrze Gallery

ArtDeco Gallery



Important for the
cultural life of
Olsztyn the Stefan
Jaracz Theatre
organises the Olsztyn
Theatre Meetings
and the DEMOLUDY
International
Theatre Festival.

The Stefan Jaracz Theatre

The theatre in Olsztyn was erected in 1925, according to the designs of August Feddersen, as a gift to the local people for a plebiscite won by the Germans. It survived the years of the war nearly completely intact. After World War II, on 18 November 1945, the premiere show of *Moralność Pani Dulskiej* inaugurated the renewed activity of the Polish theatres under the patronage of the eminent actor Stefan Jaracz.

The theatre uses several stages: the big stage, the small stage, the Margines stage, and the café stage called Teatralna. It organises theatre festivals, and carries out itinerant activities as well as exchanges with other theatres. Attached to the theatre is the Aleksander Sewruk Vocational Acting School, awarded the title of a public school and entitled to award state diplomas giving access to the profession of actor. The theatre also organises such cycles as 'Drama by the table', 'Drama in action', 'Literary perforations', 'Stage directions'. Its foyer is also used as a gallery hosting vernissages of paintings, prints, drawings, posters, or archive materials.

Find out more: www.teatr.olsztyn.pl

Libraries

Municipal Public Library

It assembles 16 branches in all parts of the city. At their disposal readers have more than 370 000 books, over 450 titles of magazines, and nearly 20 000 units of special collections (videos, CDs, DVDs, and others).

The Municipal libraries devote their special attention to working with children – through the participation of the youngest in games and plays, competitions and guessing games, library classes, artistic and drama classes, book reviews and chats, classes in reading aloud, and meetings with authors.

The pride of the Municipal Public Library are three multimedia libraries: **Planeta 11, Abecadło, Multicentrum.**

Find out more: www.mbp.olsztyn.pl
www.planeta11.pl
www.abecadlo.olsztyn.pl
www.multicentrum.net

Voivodeship Public Library

The Old Town Hall, the oldest part of which has had its gothic character restored and which now is a gem of the architecture of Olsztyn, houses the principal library of the Voivodeship Public Library – a place for cultural activity, including meetings with authors and exhibitions in the Old Town Hall Gallery.

Find out more: www.wbp.olsztyn.pl





The Museum of Warmia and Mazury

Its seat is located in the 14th century Gothic castle of the Warmia Chapter. It gathers souvenirs of the past of the region in the fields of archeology, history, numismatics, arts, artistic craft, writing, and folk culture. The uniqueness of the collection is owed, among other things, to its collections of Gothic sculptures, religious paintings of Warmia, Dutch portraits, tin casting, bell founding, and modern graphic art. The museum has several branches, the most famous being the House of Gazeta Olsztyńska and the Museum of Nature.

Find out more: www.muzeum.olsztyn.pl

The Feliks Nowowiejski Warmia and Mazury Philharmonic Orchestra

In 1962, the State Symphonic Orchestra in Olsztyn was given the name of an outstanding composer of Warmian origins – Feliks Nowowiejski. Eleven years later, the orchestra was transformed into a state philharmonic orchestra. The orchestra gives concerts with famous artists. It is also a perfect place for promoting talented young musicians. Music festivals, concert cycles and symphonic mornings organised by the orchestra are all widely recognised by music fans. Since 2011 the orchestra has finally had its own new, beautiful seat.

Find out more: www.filharmonia.olsztyn.pl

The most important cultural events in the city

Olsztyn Summer of the Arts

The greatest and most important festival, the flagship 'product' of the Municipal Cultural Centre. It is a cycle of events taking place during the summer holidays. The major stage for these is the Czesław Niemen Amphitheatre. The Olsztyn Summer of the Arts programme gives opportunities above all for enthusiasts of various kinds of music – from rock and folk, through jazz and blues, to classical music. The festival also offers such attractions as theatre and cabaret shows, festivities, children's events, and even opera spectacles.

Find out more: www.olsztynskielatoartystyczne.pl

Olsztyn Blues Nights

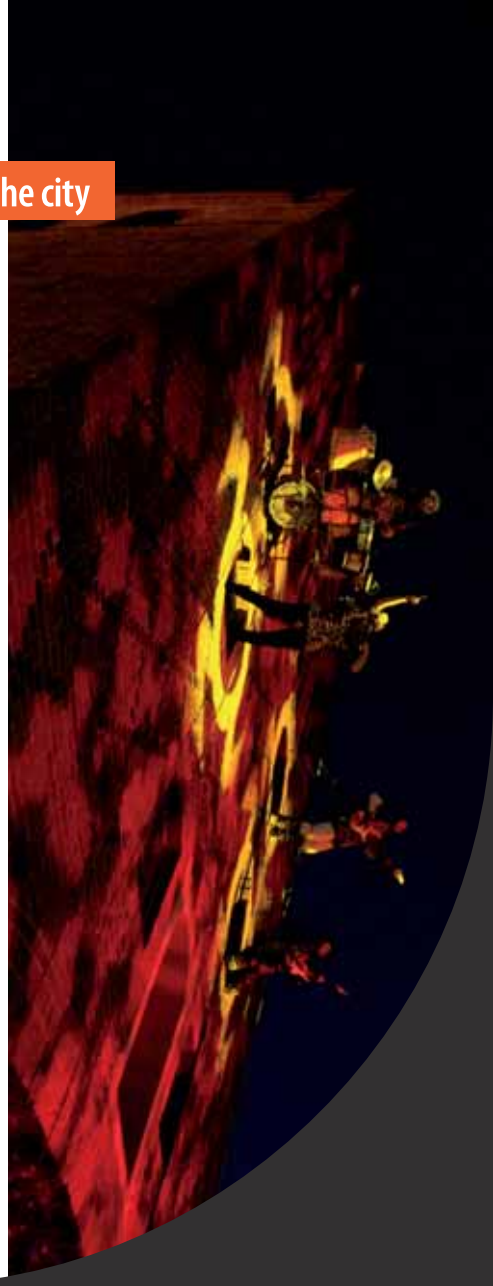
One of the oldest and most important blues festivals in Poland, the first edition of which was held in 1984. The festival is traditionally organised in the second half of July.

Find out more: www.blues.olsztyn.pl

The DEMOLUDY Theatre Festival

The concept of this festival is to create a place for a multicultural dialogue between the countries of Central and Eastern Europe. DEMOLUDY makes it possible to discover and learn again the cultures of neighbouring nations. The DEMOLUDY festival performances are accompanied by workshops, concerts, discussions, and the meetings of authors and audiences.

Find out more: www.demoludy.art.pl





The Olsztyn Theatre Meetings

The annual review of the best spectacles of the Polish theatres. Foreign theatre groups are also invited. During the festival, the awards for the 'Theatre performance of the year' are granted. The award is given to the actors of the Stefan Jaracz Theatre for the best male and female performance.

Find out more: www.teatr.olsztyn.pl

'Let's Sing Poetry' Castle Meetings

An event organised since 1974. The main part of the festival is the competition between young performers of sung poetry, accompanied by concerts of famous Polish artists.

Find out more: www.spiewajmypoetje.pl

Supadance Polish Open Championships

This is a dance show which combines sports competition with dance presentations at a master level, and which each year attracts dance fans to Olsztyn from all over Poland.

Find out more: www.polishopen.pl

International Olsztyn 'Warmia' Folklore Days

A great feast of dance, music and song, cultivating and propagating the achievements of the incorporeal cultural legacy of many nations. Its guiding principle is to familiarise the residents of Olsztyn and tourists with the beauty of folk dance and music from various parts of the world.

Find out more: www.warmia.art.pl



The Warmia Christmas Fair

The flagship cultural winter event in Olsztyn. It is a several days' event referring in its climate and character to the most beautiful Christmas fairs in Europe, the most famous being those in Austria and Germany. It presents the rich traditions and the historic and cultural legacy of Warmia and Mazury, as well as other Polish and foreign (exhibitors from Lithuania) regions.

The fair is centered in the Old Town, and offers several dozen stalls, situated around the Old Town Hall. Guests are led to the stalls through two avenues of fragrant Christmas trees – from the High Gate and John's Bridge. The spirit of this remarkably 'climatic' event is enhanced by numerous accompanying attractions such as the visit of the real Santa Claus from Rovaniemi in Lapland (Finnish partner city of Olsztyn), illuminations, videomapping (light effects on the buildings of the Old Town), ice sculpting, the Ice Sculpture Garden, 'fire theatre', a Venetian merry-go-round, Santa Claus rail, concerts, and street performances.

Find out more: www.jarmark.olsztyn.eu

Residents of Olsztyn and tourists are attracted to exhibitors' stands by, among other things, culinary articles, sweets, alcohols, handicraft products, folk art, Christmas tree ornaments, toys, clothing, jewelry, and ecological products.



**Olsztyn has two natural advantages of European stature
– a dozen or so lakes and the City Forest, one of the largest park
complexes in Europe, all within the city's borders.**

**The City Forest is cut
by three rivers.
The largest of these
– the Łyna – can be
traversed by kayak as
far as across the border
with the Russian
Federation, where it
flows into the Pregoła
River. The natural
landscape of Olsztyn
facilitates tourist
excursions on walking
and cycling trails.**

City Forest

The City Forest is located in the northern part of the city, and covers 1050 acres. It is a sanctuary for animals and many plant species. It attracts with its natural richness, and its preserved intact primeval state in protected reserves.

The most common tree species are: pine, oak, beech, spruce, maple and birch. The climatic uniqueness of the City Forest and its favourable influence on the human organism were already appreciated over a century ago by the establishing of a sanatorium within its borders. The local microclimate was used as part of therapy.

The City Forest is a specific type of a forest, which apart from having strict reserves also serves as a place for leisure. Its charming spots, such as the outlet of the Wadąg River to the Łyna River, are frequent destinations for strollers and kayakers. The City Forest also has walking and cycling trails. There are also wooden houses, benches, car parks, footpaths and educational boards.

Lakes

The city has eight large and several minor lakes – as many as 11 basins with a total area of more than 700 hectares, as well as smaller ponds.

The lakes of Olsztyn are very diverse with respect to their acreage, shoreline and the fauna and flora that are present. There are numerous plants and bird species, such as swans, cranes, herons, cormorants and ducks. Many of the basins, though not all unfortunately, are abundant in fish, which makes them attractive to anglers.

The bathing beach and elaborate tourist infrastructure at Lake Ukiel (Krzywe) attract Olsztyn residents and tourists in the summer. Lake Kortowskie by the campus of the University of Warmia and Mazury, or Lake Skanda located on the other side of the city, also offer good conditions for bathing, sunbathing, and enjoying water sports.

Rivers

Olsztyn is crossed by three rivers, the longest of which – the Łyna River – flows into the Pregoła River nearby Znamieńsk in the Russian Federation. The remaining two are the Wadąg River, which constitutes the major part of the city's northern border, and the smallest – the Kortówka River.





Parks

Olsztyn, proud to be named a garden city, has many parks – which are places of meetings, recreation, picnics, and even chamber concerts. The most famous and favoured are: celebrating in 2012, 150 years of existence of the park Jakubowo, the park in Kortowo, the Janusz Kusociński park and the Castle Park. A place naturally interesting is the park in Posorty. Located in the local manor-park complex is a group of rare trees recognized as monuments of nature: Canadian hemlocks, red and pedunculate oaks, as well as a pendulous variety of the common oak.

The Castle Park located in the vicinity of Olsztyn's Old Town is the city's largest park, and at the same time a favourite place for meetings and walks of the citizens of Olsztyn. Its specific climate is created by two railway overpasses, the neighbourhood of the castle, and, most importantly, the river Łyna which flows through it. Well-tended greenery is a perfect background for interesting artistic forms located throughout the park. These are the works of Olsztyn artists – *Leda and the Swan*, *Penguins*, *The two-tailed Mermaid*, *Spring*, *The Three Graces*, *Łyna*, *The Frog*, *Knights* or *The Faun*. The sculptures *Symphony of Birds* and *A Child on a Fish* decorate two of the park's fountains.

Jakubowo, located in the northern part of the city, by al. Wojska Polskiego, is a large park and recreation complex the values of which had been appreciated already in the mid-19th century by the building of cafés, shelters and a complete infrastructure serving relaxation and recreation. Kortowo is the largest university campus in Poland. It is located between two lakes – Kortowskie and Starodworskie, largely located in a vast park.

Reserves

There are two nature reserves within the city limits – areas of the conservation of rare peat plants: Mszar (surface area 4 ha) and Redykajny (10 ha), which have been subject to special care from the beginning of the 20th century. Appearing in both are plant species characteristic of the peat environment: bottle and peat sedge, alder grove, rare species of moss. In the reserve Redykajny one can see the European tree frog – a famous representative of protected amphibians.

The ever cleaner natural environment and the current ban on game catching within the administrative borders of the city have caused the forests of Olsztyn to become a place where many species of wild animals are under protection. Here, one can meet: wild boar, roe deer, foxes, raccoon dogs, hares, beavers, and even moose and deer.

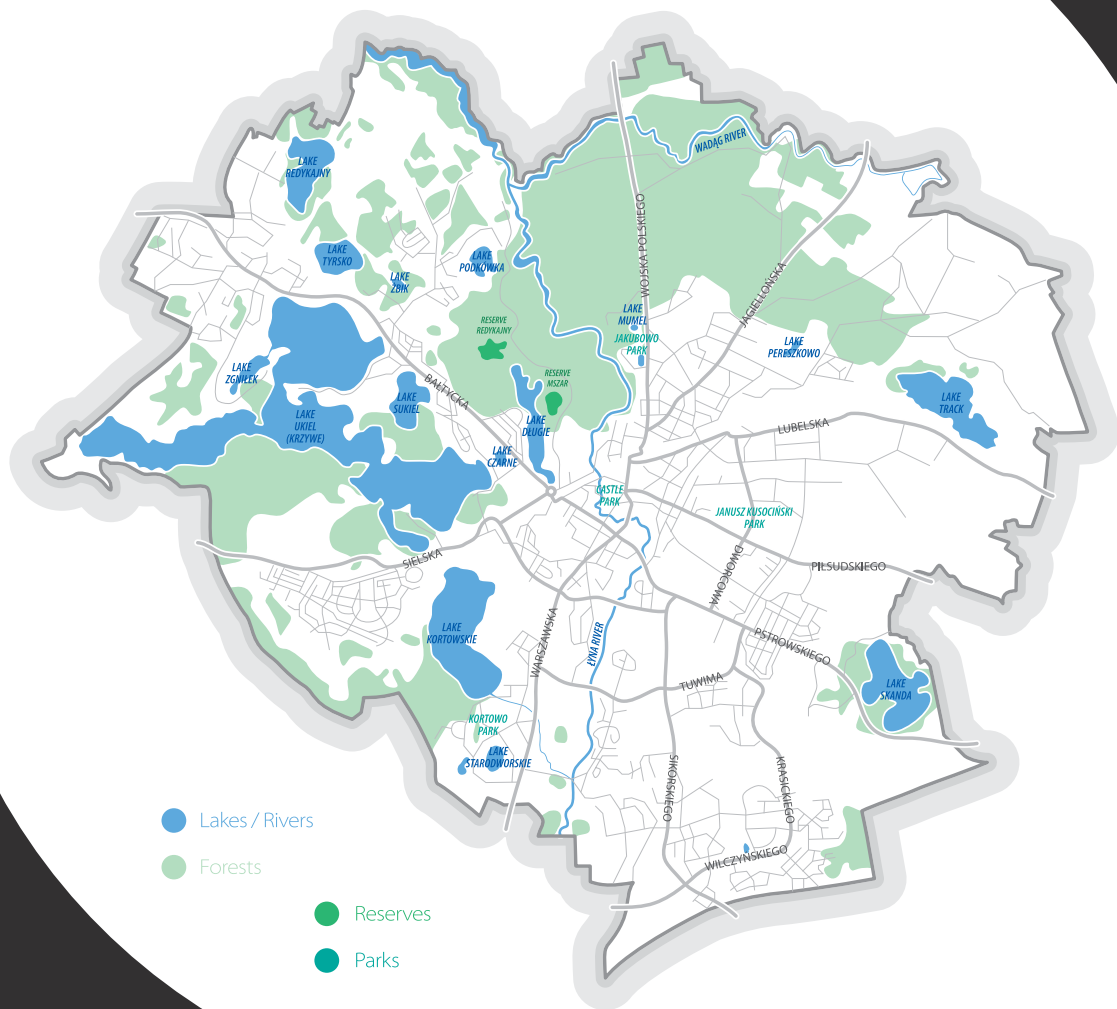
The Arboretum in Kudypy

One of the youngest botanic gardens in the country, located just by the western border of the city, in an area considered to be one of the most beautiful corners of Warmia. It has Poland's only rich collection of native species of trees and shrubs, and a collection of herbal plants protected by law, including those in danger of extinction. The picturesqueness of the place is accentuated by water features, small architecture and walk routes. It is possible to arrive at the arboretum by a city communication bus line 7, by bicycle, or by car.

Find out more: kudypy.olsztyn.lasy.gov.pl/arboretum



FORESTS, PARKS, LAKES...



**The natural potential of Olsztyn creates
the perfect conditions for active leisure outdoors.
Numerous new investments have enriched
the recreational infrastructure.**

Twelve lakes within the city limits, great areas of the City Forest, bicycle routes, swimming pools, sports fields and tourist trails simply encourage strollers, cyclists, runners, kayakers or fans of horseback riding to participate in active leisure.



**OLSZTYN
aktywnie!**

'Olsztyn. Actively!'

The city offers fans of recreation – inhabitants and tourists alike – a readily available package 'Olsztyn. Actively!'. Currently, it includes even 20 recreational disciplines – kayaking, short and long bicycle rallies, gravity cycling, nordic walking, cross-country running, walks with a guide, dragon boats, 'underwater walks' (diving), golf, rope parks, yoga and pilates, tai-chi, mountain biking, swimming, sailing, shooting, horseback riding, boxing and indoor cycling. Using most of these is free of charge. Active leisure under the watchful eyes of instructors of the respective disciplines was connected with a sightseeing motive – experiencing the known and lesser known charms of Olsztyn and the surrounding area.

Find out more: www.aktywnie.olsztyn.eu





The most famous tourist trails

The Copernicus Trail: *Olsztyn – Dobie Miasto – Lidzbark Warmiński – Pieniężno – Braniewo – Frombork – Kądyny – Elbląg.*

The St James Trail (in the warmińsko-mazurskie voivodship region): *Olsztyn – Łupstych – Gietrzwałd – Tomaryny – Guzowy Piec – Parwółki – Stare Jabłonki – Ostróda – Samborowo – Frednowy – Tynwałd – Szalkowo – Ilawa – Radomno – Nowe Miasto Lubawskie – Lipowiec.*

The Napoleon Trail: *Barkweda – Gutkowo – Mątki – Jonkowo – Łomy – Pupki – Gologóra – Skality – Dąbrówka – Konradowo.*

The blue hiking trail: *Bałycka St. – northern shore of the Lake Długie – Leśna St. – City Forest – trails junction – Smętek Bridge – Indian village – Jakubowo.*

The trail to the springs of Łyna: *High Gate – Obońców Tobruku St. – Jaroty – Bartążek – Kielary – Łyna River – Ruś – Łalka Peninsula – Kurki – Brzeźno Łyńskie – Łyna River – Dobrzyń.*

The Maria Zientara-Malewska Trail: *Likusy (Bałycka St., the house of M. Zientara-Malewska) – Żbicza St. – Tyrsko Lake – Redykajny Lake – Redykajny village – forest roads crossing – roads crossing, colony – Karaśnik Lake – Brąswałd.*

The Piotr Diernow Trail: *Jakubowo – power station in Redykajny – Animal shelter – Sanatorium.*

The forest environmental path Olsztyn-Ruś: *Jaroty District, Kanta St. – entrance to the forest – dropstone in the forest – asphalt road crossing – road 598 crossing – Kielarskie Lake.*

The lake and river Wadąg kayak trail: *Słupy – Wadąg Lake – Wadąg River – Łyna Power Station.*

The city kayak trail – Łyna in Olsztyn: *bridge on Kalinowskiego St. – bridge on Tuwima St. – bridge on Obońców Tobruku St. – Old Town – City Forest – power station.*

Bicycle trails in the City Forest

The system of bicycle trails in the City Forest is a well thought out network of roads and paths suitable for riding with different levels of difficulty – from quiet rides in the family circle, through mountain biking in the form of cross country, up to its most extreme forms.

All route alternatives are clearly marked with information boards and pictographs painted on trees, and possible locations of the intersections of routes are marked with specially painted poles.



- FAMILY trail



- XC (Cross Country) trail



- ENDURO trail



- EXTREME trail

The Bike Park Wąwóz

This place is designed for extreme biking on mountain and BMX bikes. Included in the BPW are tracks for seven gravity biking disciplines: dh, dual, dirt, NS, 4x, Cross Country, Slope Style. Each track is divided into sections with different degrees of difficulty, so that both the 'old troupers' as well as those only starting out on their adventure with the cycling extremes can find their place at the BPW. Competitions and workshops with champions take place here.





Bicycle rentals

Bicycle Store Czesław Ciuckowski

Lubelska St. 41e

tel. +48 89 534 36 89

www.roweryciuckowski.go3.pl

Bicycle rental

WarmiaBus

Rental points:

www.warmiabus.pl

Sports Store

Kolarzyk

Wczasowa St. 57

tel. +48 880 077 167

www.kolarzyk.pl

Sport

Deregowski

Kołobrzeska St. 13

tel. +48 89 539 15 02

www.deregowski.pl

Bicycle Centre

Olsztyn

Sikorskiego St. 27

tel. +48 89 542 97 62

www.roweryolsztyn.com

Tennis courts

TKKF Skanda

Wyszyńskiego St. 12a

tel.: +48 89 533 02 15

The Olsztyn Tennis Association

Radiowa St. 31

tel. +48 89 526 46 21

Tennis courts in the Kortowo

tel. +48 89 523 39 03

The Tennis Centre Park Jakubowy

ul. Radiowa 32

The Skatepark Kusocin

Located near the city centre, in one of the most frequented parks in Olsztyn – is the Kusociński park. A skatepark with obstacles for bikers, roller skaters, and fans of the skateboard. It sometimes becomes an arena for competitions.

Horseback riding

The University of Warmia and Mazury
Horseback Riding Centre
 Prawocheńskiego St. 2
 tel. +48 89 523 33 96

Janusz Kojrys Stable
 Wędkarska St. 93,
 tel. +48 89 523 88 02
www.kojrys.pl

Hanna Stable
 Stokowa St. 7

Marengo Stable
 Redykajny 22
 tel. +48 89 523 84 61

Jan Kończyk Stable
 Lubelska St. 47
 tel. +48 89 533 43 10

Golf

Golf is a sport for everybody. You can see this by visiting the Masuria Golf & Country Club in Naterki near Olsztyn. The resort offers the pleasure of playing on a masterful 18-hole golf course, designed by the architects of the oldest golf company in the world, adapted to the skills of both beginners as well as professionals. Also functioning here is the Golf Academy, the first one in this part of Europe.

Golfowa St. 20a, Naterki, tel. +48 89 541 23 52, +48 89 513 15 40, www.mazurygolf.pl

The Aero Club Warmia and Mazury

Located at the airport in the Olsztyn district of Dajtki, the aero club offers i.a. aircraft, parachute and glider training. Here you can also fly commercially – with a pilot.

Sielska St. 34, tel. + 48 89 527 52 40, www.aeroklub.olsztyn.pl





Water sports

Olsztyn competes increasingly boldly with the Great Masurian Lakes and sailing routes of Western Masuria. More and more sailing enthusiasts decide to spend their holidays on the waters of lakes Kortowskie or Ukiel. Operating on both bodies of water are sailing clubs with their own marinas. There is a possibility to rent boats and sailboats and learn the sailing craft. The lakes of Olsztyn are also the site of many sailing events and competitions.

Warmia and Masuria Regional Sailing Union

Kołobrzeska St. 1
tel. +48 89 527 46 01
www.wmozz.pl

WOPR Office for Warmia and Masuria

Niepodległości St. 16
tel. +48 89 527 48 14
www.wopr-wm.olsztyn.pl

Northeastern Regional Motorboat and Water-skiing Federation

Żeglarska St. 7, tel. +48 89 527 64 25, www.pwozmwinw.olsztyn.pl

The WarmiaBus water tram

A novelty among the attractions of Olsztyn – the water tram has been sailing on lake Ukiel since June 20, 2012. The WarmiaBus, because that is the name of the vessel, can accommodate 18 passengers. It is a unique, environmentally friendly ship, moved by an electric motor powered by solar cells. A cruise on the lake takes one hour. The water tram can also be chartered for night cruises.

Find out more: www.warmiabus.pl

Marinas

**Kayak
Marina OSiR**
Jodłowa St. 9a
tel. +48 89 527 01 42

**Scouts Marina
Water Breeze**
Jodłowa St. 9b
tel. +48 89 527 00 30

**Warmia
Marina**
Żeglarska St. 7
tel. +48 89 527 64 25

**Sunny
Glade
Marina**
Lotnicza St. 1
tel. +48 89 527 12 03

**Kortowska
Marina**
Heweliusza St. 28
tel. +48 89 523 42 12 ext. 27
www.przystan.olsztyn.pl

**AZS Sailing
Section
Marina**
Oczapowskiego St. 12
tel. +48 89 523 35 72

Kayaking trips

The rivers of Olsztyn are valued by kayakers. Organised from May to September are kayaking trips 'On the Łyna through Olsztyn'. The route is easy and suitable even for beginners. The trip starts at the castle, in a meadow near the bridge. The three kilometres long waterway leads through a picturesque gorge of the Łyna in the City Forest. The target of the trip is the flood plain where the Łyna falls into the river Wadąg. The trip takes about 1.5 hours.

Organisers of the trips

'Euro-Wadąg'
tel. +48 89 672 67 18
www.kajaki.olsztyn.pl

**PTTK Department of
Warmia-Mazury**
Staromiejska St. 1
tel. +48 89 527 36 65
www.mazury.pttk.pl

**Szarpie Travel
Travel Office**
Mickiewicza St. 17/2
tel. +48 89 527 47 67
www.szarpie.pl





Diving

If you desire to see what lies in the depths of the lakes in Olsztyn – nothing stands in the way. Diving clubs are very active in Olsztyn. Even brief training under the guidance of an experienced instructor allows you to move into a completely different world. The courses are for both beginners and advanced fans of the underwater world.

Divers Academic Club Skorpena

Kanafojskiego St. 3
tel. +48 89 527 36 65
www.skorpena.olsztyn.pl

Aquamania Diving School

Dąbrowszczaków St. 5/1
tel. +48 89 527 35 90
www.aquamania.pl

Warmia and Mazury Diving Centre

Toruńska St. 1A/41
tel. +48 89 612 97 47
www.nurkowanie-kolakowski.pl

Scuba Discovery Diving School

Górna St. 9
tel. +48 91 564 11 86
www.scubadiscovery.pl

Beaches

Official beaches are located by the lakes Ukiel (four) and Skanda (one). By lake Ukiel there are also marinas, sailing clubs, and the city beach. Among other things there are: a water equipment rental, a slide, beach volleyball pitches, small catering. If someone values spending time on the beach in more secluded areas, we recommend bathing areas at the lakes Kortowskie, Redykajny, Skanda and Tyrsko. The bathing areas on these beaches are monitored by the Sanitary and Epidemiological Station to ensure their cleanliness.



Although Olsztyn is a quiet and cosy city
 ('Olsztyn. A garden by nature' – that is its promotional slogan),
 it does not contradict the use of other beauties of life.

The green and blue surroundings practically encourage one to live life to the fullest. Here, one can relax traditionally – at a film theatre or in a swimming pool. Admirers of stronger sensations can feel the adrenalin in the rope parks. And after all that sit down with a glass of a refreshing beverage and, by the sounds of music, contemplate the night-time charm of the Old Town...

Rope parks

The rope parks are sports and recreation installations created with ropes, ladders, bridges, platforms, etc. stretched at different heights. Between the different parts of the park, routes with various levels of difficulty are set up allowing a choice according to the fitness and skills of the people using this form of recreation.

- **Rope Park Hardcore**, the City Forest by Radiowa St., www.park-linowy-hardcore.pl
- **Rope Park Leśny**, the City Forest near the Forest Stadium, lesnyparklinowyolsztyn.pl
- **Makumba Park**, the forest next to the Real shopping centre by Sikorskiego Al., makumbapark.pl

The film theatres:

Helios

Piłsudskiego Aly. 16
 tel. +48 89 535 20 00
www.heliosnet.pl

AWANGARDA 2

Film Theatre

Jana Pawła II Sq. 2/3
 tel. +48 89 523 75 38
www.awangarda.olsztyn.pl



Swimming Complex – 1

Głowackiego St. 27
tel. +48 89 527 71 28

Jozef Rusiecki Olsztyn University College Swimming Pool

Bydgoska St. 42
tel. +48 89 535 85 36
www.osw.olsztyn.pl

University Swimming Pool

Tuwima St. 9
tel. +48 89 524 61 31

OSiR Swimming Pool Mariańska St. 1

Swimming pools

The Water Sports and Recreation Centre 'Aquasfera' is a state-of-the-art complex for leisure in the water, encompassing sports, recreation and wellness services. The facility includes: an Olympic swimming pool, a warm-up pool, a recreation section, wellness rooms, a fitness center, a restaurant, a sports shop and an underground parking lot.

The sports part encompasses: one of Europe's post modern Olympic size swimming pool measuring 50x25 m, a pool for warming up and learning to swim, and an auditorium for more than 1500 people. This set provides ideal conditions for swimming competitions and professional training. The Olympic pool has a moving platform which, depending on the needs, can be used to divide the pool into two smaller ones. The multiple attractions include: an artificial river, recliners, underwater massages, a water jet, a water cascade, and a whirlpool. In this part we can also find propositions for those who are the youngest: a paddling pool, two twisted, almost 120-meter long water slides, and a lot of accessories and games for the whole family.

Piłsudskiego Aly. 69b, tel. +48 89 535 96 22, +48 89 535 23 96, www.aquasfera.olsztyn.eu



Bowling

One can also try bowling in the city. The instructors will explain the rules and give lessons. The offer also includes the youngest adepts. Tournaments are organized for those who are more advanced.

The Olsztyn Bowling Centre, Kromera St. 3, tel.: +48 89 535 42 84, www.bowling.olsztyn.pl
Family Bowling Club, Boenigka St. 29, tel.: +48 89 527 16 00, www.familybowling.olsztyn.pl

Shopping

Somebody wanting to connect their stay in Olsztyn with shopping will certainly be satisfied. There are shops and large shopping centres such as Alfa, Dukat or Manhattan, offering a wide range of goods – fashionable clothes, designer shoes, cosmetics, cosmetic materials, jewelry, electronic equipment and appliances. The Old Town is dominated by shops large and small with exclusive goods, clothing and footwear stores, galleries and gift shops. Here one can buy the original silver and amber jewelry, paintings by local artists, as well as other crafts.

Shopping centres:

Alfa

Piłsudskiego Aly. 16
www.alfacentrum.com.pl

Jakub

Jedności Słowiańskiej Sq. 1
www.chjakub.pl

Gracja

Wyszyńskiego St. 7

Manhattan

Pułaskiego Sq. 7
www.manhattan.olsztyn.pl

Dukat

Piłsudskiego Al. 10



**The more important
websites of the
Municipality of Olsztyn:**

Public Information Bulletin
www.bip.olsztyn.eu

Public consultations
www.konsultacje.olsztyn.eu

Trams
www.tramwaje.olsztyn.eu

Children
www.dzieci.olsztyn.eu

*Non-governmental
organisations*
www.ngo.olsztyn.eu

Important telephone numbers

Railway information – tel. +48 94 36, +48 89 538 58 11

Bus information – tel. +48 89 539 17 76

Tourist information – tel. +48 89 535 35 65

Medical information – tel. +48 89 527 68 10

City duty officer – tel. 112, +48 89 522 81 12, +48 89 522 24 11

Ambulance service – tel. 999

Fire Department – tel. 998

Police – tel. 997

Municipal Police – tel. 986

City Policlinical Hospital, Niepodległości Al. 44, tel. +48 89 532 61 11

Regional Specialist Hospital, Żołnierska St. 18, tel. +48 89 538 63 56

Regional Specialist Children's Hospital, Żołnierska St. 18, tel. +48 89 539 34 55

The Polyclinic of the Ministry of the Interior and Administration, Wojska Polskiego Al. 30, tel. +48 89 539 80 00

University Hospital, Warszawska Al. 30, tel. +48 89 524 54 01, +48 89 524 53 50

The Regional Association for Psychiatric Health Care – Wojska Polskiego Al. 35, tel. +48 89 678 53 53

All-night Analytical Laboratory – Niepodległości Al. 44, tel. +48 89 532 62 50, +48 89 532 63 54



The Municipality of Olsztyn

Department of Culture, Promotion and Tourism

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